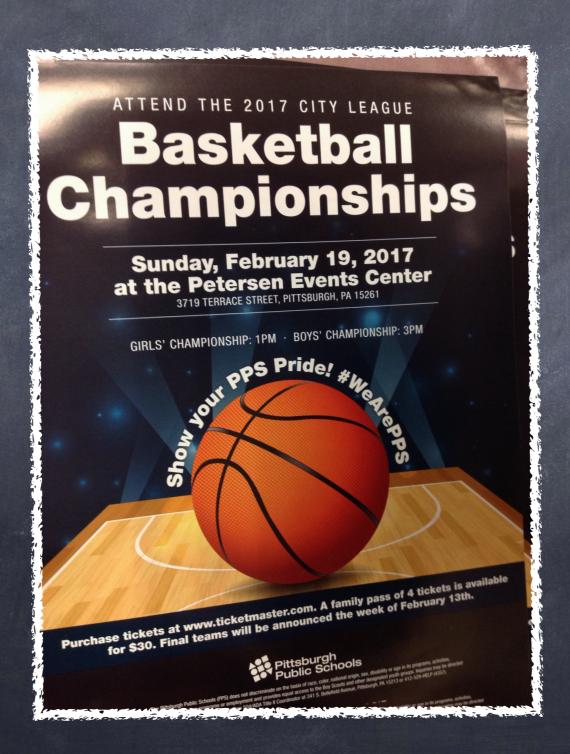
#### Coach's Issues w PPS' swimming, aquatics, athletics and after school



#### Foreword:

- o Got credit!
- o System ills, micro and macro
- o Deeds, recover and thrive
- Expecting great things, mission connection.

Ugh

Amen

#### History

Every year to PIAA, city's first WPIAL Section Team Title, City's only WPIAL record breaker, college scholarships,



#### **VarsityXtra**

Swimming

#### Swimming skills aren't just for dreamers

By Sarah K. Spencer Pittsburgh Post-Gazette

It's amazing how much progress can happen in 27 days.

"You were scared to let go of the wall, and now you're motorboating and jumping in," Obama Academy swim coach Mark Rauterkus says to his campers, the majority of which struggle to stay afloat in the pool at the beginning of camp. Though he's usually coaching teenagers to lower their times and perfect their technique, he spends the summers with beginners.

Rauterkus led swimming nd water polo classes for ummer Dreamers, a Pittsurgh Public Schools sumer program, ensuring his dgned campers build confince in themselves and ir ability to swim. Sum-Dreamers aims to make p an accessible option for e city's youth, no matter socioeconomic backid. The 51/2-week sumprogram couples acaclasses taught by PPS rs in the morning with aditional camp activiby community partcoaches such as us, in the afternoon. ing to swim early on s up for success.



Haley Nelson/Post-Gazette

Obama Academy swim coach Mark Rauterkus oversees youth at Allegheny Middle School swimming pool,

Rauterkus said, whether they want to pursue the sport in the future or just stay safe while in the water.

"We're teaching the kids a skill, a lifetime skill," Rauter-kus said. "And we're also spending a lot of time in fitness, so they're getting stronger, more endurance. They're learning about exercising, kinetic movement, and their teamwork and sportsmanship."

The program is free for attendees and aims to combat summer learning loss.

"If you look at the avail-

ability of opportunities, there's just a lot more for middle class or upper student," James Doyle, coordinator of out-of-school time for PPS, said. "So I might be going on vacation, I might be going to a really expensive day camp, because traditionally when you think 'summer camp,' you think you're going to this place that's out in the woods and you're riding horses and doing all these things."

Summer Dreamers, which began in 2010, took place at Pittsburgh King PreK-8, Carmalt and Pittsburgh University Prep, spread out so families don't have to travel far to a campsite, though the sites do occasionally rotate to other PPS schools. The program concluded Wednesday, allowing parents to watch a video of their kids' day-to-day activity at camp and tag along during activities to watch their progress.

Weaving through the halls at Pittsburgh King, Three Rivers Fencing employees challenge kids to bouts, using plastic foils. Attack Theatre staff leads an adventures in movement class, teaching dancing and encouraging the group to work as a unit.

The activity in every corner of the school stretches across the North Shore, with children going on miniature "safaris" outside to learn about nature, others practicing public speaking in the Children's Museum radio studio and a group learning about police dogs from a city police officer.

To avoid that slump in the summer when kids forget what they've learned during the school year, Summer Dreamers staff works to keep them engaged. The program pulled from National Summer Learning Association research, Doyle said, which points out students of lower

socioeconomic status are at a higher risk for summer learning loss, particularly before fifth grade. While Summer Dreamers was originally designed for middle schoolers, the age range was tweaked to get youth engaged early on.

That engagement extends from academics to stimulating activities out of the classroom—so it can sneakily feel less like summer school and more like camp.

"Having that balance is just what we've learned, particularly in the summer, it just makes that whole learning experience so much better," Doyle said.

From robotics classes, Lego STEM classes, biking activities, swimming and water polo sessions to creating a mosaic, the idea is to help kids find an out-of-classroom passion they can stick with after camp. The kids don't rotate activities, but specialize in one per summer.

Tracy Calhoun, camp director and third-grade teacher
at Pittsburgh King, sees children who have struggled in
the classroom thrive in more
creative environments.
Maybe some students aren't
great at math, but they're excellent dancers or artists.

"Those are the things that make me happy," Calhoun

said. "To see them shine in their own space."

The confidence campers build out of the classroom often carries over into academics, Calhoun said.

When the program began with stimulus dollars, an institutive by President Obama it could fund up to 5,500 streams, and it now funds about 1,500 2,000 students per year surviving with donation from Heinz Endowments, it Grable Foundation, Ti Pittsburgh Foundation a McAuley Ministries, as was the district's general fundaliars, according to Doyle

The Wallace Foundary
which studies "ideas and
formation you can use to
improve learning and en
ment for disadvantaged
dren and foster the vital
the arts for everyone," is
website, includes the
gram in its ongoing
term study to determ
voluntarily attended
mer learning program
students' academic suc

In 2014, the study mined high attenders programs outperform participants in both and English Langua on fall and spring test

Sarah K. Spencer: cer@post-gazette.com Twitter@sarah k s











#### Life is loo short

- @ Without THANKS.
- · Without HOPE.
- @ Without MEETINGS.
- @ Without LOGIC and UNDERSTANDINGS.
- o Find people who give you energy.
- Work with people who recognize the value you bring.
- Tolerating workplace harassment doesn't make you stronger.

- Athletic reform task force, in Roosevell era. Restart!
- o Saving sports in Linda Lane's era w board.



#### Fix summary:

Amen

- @ PPS needs an AQUATICS DIRECTOR.
- @ AQUATICS DIRECTOR sets pool usage.
- @ Remove swim coaches from PFT contract.
- Model matches PPS contract with UPMC Sports Medicine for Athletic Trainers
- Hiring and training of swim coaches from AQUATICS DIRECTOR.
- @ Aquatics reside, within COMMUNITY SCHOOLS

# Splik coaches from PFT Contract Amen

- o Begin with swim / aquatics coaches
- o Undelivered expectation from John Thompson's era



#### Aquatic programs give students many benefits:

#1. permission to dream.

Our bodies change our minds

...and our minds change our behavior

Amy Cuttody at The Digition 2012 De havior changes our outcomes.

Your body language may shape who you are

# "Swimming is duing

- @ Plenty of PPS schools without teams
- How PPS treats swimming is killing the sport.



#### Swithmeng pools

- Best learning Laboratories ever.
- @ Already built
- o Ignored assets
- o Game changing potentials!



## PPS Community Schools should harbor Aquatics

- Banding and programs are set to deploy.
- \* Phases 1 of PPS H20: WHS, Arsenal, Langley & Obama, SciTech, UPrep, Oliver, PCA.
- @ All City Sports Camps
- o Varsity Club
- © CLOH.org = Creating Literate Olympians
  Here

## Solutions Expectations

- @ Community Learning Outreach Hub
- o Partnerships
- @ Entrepreneurship
- Summer Dreamers upgrade to Year Round Achievers

Amen

#### Partnerships (Local)

- @ Pitt, Team Pittsburgh
- o Other colleges and universities
- @ Children's Hospital
- ® BGC
- The Pittsburgh Project
- o The Ellis School
- o Citiparks



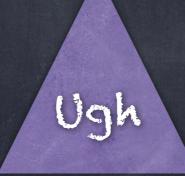
### Partnerships (Global)

- O SKWIM USA
- o eLifeguard
- OUSA SWIMMING, Allegheny Mountain D&I,
- © USA Triathlon
- OUSA Water Polo
- American Water Polo
- AutoCoach.com.au
- @ TeamUnify.com



## Institutional barriers to happiness

- o Frequent
- o Insurmountable



#### Hardships, not scholarships

Let's fight gravity.

Making it impossible.

Ugh

### Concussions: emerging public health crisis

Ugh

- o Football's replacement = SKWIM, then MS, JV and Varsity water polo
- o In PE, SKWIM and kayaking with Canoe Water Polo



#### Flex Membership with USA Swimming

- o New in fall 2018
- o Only \$20 per kid, not \$87
- Diversity & Inclusion funding still exists

### Principal problems

- @ Promise of meeting, laughable.
- Same @ Position Paper, Fewer Sports Alternatives, w Dara

# Washing GUIT Clearly documented. Ongoing ills.

Ugh

#### Four head coaches at one pool is crazy

PFT contract

Can not be competitive

Obama & Brashear especially

Two head coaches are silly too.

#### Obama Colf Really?



### 6 AM swim practices at Obama, stopped in 2017-18!

- o First year ever, no AM swimming at Obama.
- o Did swim at Sci Tech
- o Dice has AM practices
- © Colfax too!

Ugh

#### ADA ACCESS

- a Law passed by Congress in 1990.
- Floor desired.

## Intramural policy change

Amen

Allow for game days and competitions among students of various schools, especially essential in aquatics.

### Professional Days

© Can not swim on days at semester break, sadly.

Ugh

#### MLK Day

- o Make up a meet with Brentwood.
- o "No" is a regular reply, if one comes at all.

#### Complaints concerning PPS' RFP Process for SDA

- o partnerships,
- o late notice,
- o Transparency on judge's scores, addressed
- o Evaluations,
- @ Prior planning,
- o Debriefing
- o Discussions are outlawed.



### All after school activities are cancelled

a Away meet drama.



### Entry into pools

- o Obama can make door to Highland Ave.
- o Westinghouse door to parking Lot
- o Brashear door via back of school
- o Buzzers at all buildings



### Key to post

- a Ability to lock and unlock doors:
- o between Locker rooms and pool,
- o between school hallway and pool,
- o to underwater window,

Coaches get keys.

## key to the front door of the school.

- o So I can access the school building for 6 am practices.
- To access building after WPIAL away meets, with some bus arrivals about 9:30 pm.
- o For 6:30 pm practices.

PPS Policy Coaches get keys.

## Key to gate at the sidewalk that leads to the field and emergency exit of the pool.

- O Used that same door and gate in Summer Dreamers without problems.
- o In case of emergency.
- a At AM practices.
- @ At 6:30 pm practices.

PPS Policy Coaches get keys. Key to the alarm on the side door of the pool that leads to the field and the sidewalk.

PPS Policy Coaches get keys.

# Key to the equipment closet in the pool that also harbors the telephone.



Key to the pump room for the pool that harbors the light switches to the pool.

Key to the Lock on the in-pool gate that can close the natatorium off from the snack bar door.

## Key to the snack bar door.

- So small amounts of ice can be obtained from the refrigerator/freezer.
- PPS Policy Coach es get keys.

- o Ice pack is for first aid.
- Sales at snack bar area, attached to the pool and lobby, for income as was with volleyball team.

Key to the locker room doors at the top of the steps and keys to all the doors throughout the basement area locker rooms.

#### Key to the pools observation room

- So that the window under the pool deck can be used for underwater filming.
- o So that space can be used for storing equipment.

### Key to the aerobic filness room.

### Key to the weight

Access to, or the addition of, a AED (automated external defibrillator) put into the lobby outside the door to the pool, auditorium and gym.



### Faculty status for all coaches

- © Coaches do not seem to work for the district
- @ Breakfast

### Obtained: PPS employee photo ID for every sports coach.



### Obtained: An email address, MRauterkus1@pghboe.net.



Letter to American Red Cross saying Mark Rauterkus gets organizational attachment to PPS to keep certifications valid and deliver them to students.

American Heart Association  Learn and Live  Heartsaver® AED  Nicholas Rabuzzi  This card certifies that the above individual has successfully completed the objectives and skills evaluations in accordance with the curriculum of the AHA for Heartsaver AED Program.  Modules Completed: (a) (B)  Issue Date  American Heart  Association  Learn and Live  Heartsaver AED  MAY 0.7 2013  Recommended Renewal Date	Training Center 4300 North Narragansett Ave TC Address Contact Info Chicago, IL 60634  Course Location Hol, day In Pits burgh Instructor Mike Herakovic  Holder's Signature American Heart Association Tampering with this card will later its appearance. 80-1203
American Heart Association  Learn and Live  Heartsaver® First Aid  Nicholas Rabuzz I  This card certifies that the above individual has successfully completed the objectives and skills evaluations in accordance with the curriculum of the AHA for Heartsave First Aid Program.  Modules Completed: (A) (C) (D) (A)  Issue Date  Recommended Renewal Date	Training Center 4300 North Narragansett Ave  TC Address Contact Info  Course Location Hol, day In Pitts burg  Mike Herakovic  Instructor  Holder's Signature  © 2006 American Heart Association Tampering with this cardwill after its appearance. 80-1202
This certifies that Nick Rabuzzi KSTR-AM 032591NICLRABU  CPR: 05/07/2013 Safety Training: 06/13/2014  Is a coach member of USA Swimming Membership Expires 12-31-2011 By becoming a member of USA Swimming, I hereby agree to abide by the rains, rapulations and Code of Particle of USA Swimming.	



# Signs installed outside the building that mark to the alternative entry to the swim pool.

o In case EMS is ever called to the pool in an emergency.



### A walk through of our venues.

Deficiencies in pool areas should be understood, documented and dealt with in present and future capital projects.



Access to the ON/OFF valves so water to showers in swim Locker rooms can be turned on & off.



Obtained: Letter sent to the PIAA saying Pittsburgh Public Schools / Obama, sponsors water polo teams.





#### Water Polo Co-Op

- o Central Catholic
- o Oakland Catholic
- o The Ellis School
- o Other PPS schools
- o Seton LaSalle
- o Border Districts

Plays well with others!

### Lights that work and are turned on.

- @ Resolved, mostly.
- Go figure: Custodians were instructed to keeping the lights off when we held practices at the Peabody pool throughout the 2011-12 season. Dim.



#### Obtaining Pool Permits, a few kinks

- o In building problems with Principal
- o Not aware of approval
- o Publish it all

## Security bobbers in pools Amen

Water agitation sends a text message

- o cFloat, http://float.co
- Buoy in pool detects movement, monitors, alerts via cell phone.
- © Can disarm, of course.

#### Upgrade sound systems

a AUX plugs for national anthem, music, announcers



#### HOSELMA Swilm Meets

- Lacking an announcer
- Lacking a timing operator
- Lacking a computer operator
- a Lacking a computer
- o Lacking timers (volunteers)
- o MS and Elem lack electronic timing
- Lacking cooperation to schedule meets among PPS
   High schools

Amen

#### Intramural pay

o Never obtained, always delivered.

### Coaching pay via a PNC credit card is a rip off

- o Excessive fees
- Can not transfer money out as it has no account and routing number
- Shameful policy detailed at PUREreform.blogspot.com.

Coaches get pay checks.

#### Signs

Deploy maker space for sign creation

Access to a hard-wired internet port within the swim pool for broadcasting purposes.



#### Why questions

o Go figure.

Amen

#### Fixed:

Wifi access via the district's Internet has been modernized.

BYOD allowed for up to three connections.